MEDICAL RADIOLOGY Diagnostic Imaging

Editors: A. L. Baert, Leuven M. Knauth, Göttingen K. Sartor, Heidelberg

S. O. Schoenberg \cdot O. Dietrich \cdot M. F. Reiser (Eds.)

Parallel Imaging in Clinical MR Applications

With Contributions by

E. Adalsteinsson · M. Aksoy · D. Atkinson · R. Bammer · P. G. Batchelor · T. Benner M. Bock · J. W. Casselman · O. Dietrich · R. Duensing · R. Eibel · M. Essig C. Fink · J. P. Finn · B. Fischer · M. A. Griswold · K. A. Herrmann · R. M. Hoogeveen A. Huber · P. Kellman · H. Kramer · K.-F. Kreitner · D. J. Larkman · T. Leiner C. Liu · C. A. McKenzie · H. J. Michaely · K. Nael · S. Nagle · K. Nikolaou · M. Nittka N. Oesingmann · S. B. Reeder · W. Reith · A. Reykowski · J. Rieger · B. Romaneehsen G. P. Schmidt · S. O. Schoenberg · B. Stieltjes · L. L. Wald · R. Wang · A. M. Wallnoefer V. J. Wedeen · O. Wieben · G. Wiggins · B. J. Wintersperger · C. J. Zech

Foreword by

A.L.Baert

With 389 Figures in 774 Separate Illustrations, 137 in Color and 37 Tables



PD Dr. med. STEFAN O. SCHOENBERG Dr. rer. nat. OLAF DIETRICH Prof. Dr. med. Dr. h.c. MAXIMILIAN F. REISER Department of Clinical Radiology University Hospitals – Grosshadern Ludwig Maximilian University of Munich Marchioninistrasse 15 81377 Munich Germany

$$\label{eq:Medical Radiology} \begin{split} \text{Medical Radiology} & \text{Diagnostic Imaging and Radiation Oncology} \\ \text{Series Editors: A. L. Baert } \cdot \text{ L. W. Brady} \cdot \text{ H.-P. Heilmann} \cdot \text{ M. Knauth} \cdot \text{ M. Molls} \cdot \text{ K. Sartor} \end{split}$$

Continuation of Handbuch der medizinischen Radiologie Encyclopedia of Medical Radiology

Library of Congress Control Number: 2006925090

ISBN 3-540-23102-1 Springer Berlin Heidelberg New York ISBN 978-3-540-23102-8 Springer Berlin Heidelberg New York

This work is subject to copyright. All rights are reserved, whether the whole or part of the material is concerned, specifically the rights of translation, reprinting, reuse of illustrations, recitations, broadcasting, reproduction on microfilm or in any other way, and storage in data banks. Duplication of this publication or parts thereof is permitted only under the provisions of the German Copyright Law of September 9, 1965, in its current version, and permission for use must always be obtained from Springer-Verlag. Violations are liable for prosecution under the German Copyright Law.

Springer is part of Springer Science+Business Media

http//www.springer.com © Springer-Verlag Berlin Heidelberg 2007 Printed in Germany

The use of general descriptive names, trademarks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

Product liability: The publishers cannot guarantee the accuracy of any information about dosage and application contained in this book. In every case the user must check such information by consulting the relevant literature.

Medical Editor: Dr. Ute Heilmann, Heidelberg Desk Editor: Ursula N. Davis, Heidelberg Production Editor: Kurt Teichmann, Mauer Cover-Design and Typesetting: Verlagsservice Teichmann, Mauer Printed on acid-free paper – 21/3151xq – 5 4 3 2 1 0

Foreword

The parallel imaging technique is a major technical development in MRI with a broad spectrum of clinical applications in various organs and organ systems of the human body.

This book is the first compilation to offer a comprehensive and detailed overview of the advantages and drawbacks of parallel imaging in clinical practice. It also provides a detailed description of the fundamental basic principles of this new method.

The editors of this book are internationally renowned experts in the field of MRI. Many contributions originate from the department of radiology at the Grosshadern University Hospital in Munich which, under the guidance of Prof. Dr. M. F. Reiser, has a long-standing reputation of excellence and leadership in cutting edge technology for medical imaging. Besides this group, other eminent European and overseas radiologists with outstanding knowledge and experience in new MR technology have contributed various chapters to this book.

I am very much indebted to the editors and the authors for their outstanding contributions resulting in this superb volume.

While I recommend this book to certified radiologists and radiologists in training, many other clinical disciplines involved in MR imaging will also benefit from the knowledge it offers.

I am convinced that this work will meet with great interest among our readership and that it will enjoy the same success as many other volumes previously published in our series Medical Radiology.

Leuven

Albert L. Baert

Preface

Magnetic resonance imaging (MRI) has the substantial advantage over other imaging modalities that assessment of morphology can be combined with evaluation of function and metabolism. Due to the lack of exposure to radiation or iodinated contrast agents, imaging can be multiply repeated and extended to the entire body within a single MRI scan. However, in the past this appealing comprehensive approach was highly restricted due to limitations in speed and spatial resolution of the acquisitions.

Accelerating MRI has been one of the key incentives that resulted in the enormous technical progress of MRI we have witnessed during the last two decades. While early milestones in the history of accelerated MRI were fairly general improvements such as the introduction of fast gradient-echo or turbo-spin-echo pulse sequences and of the partial-Fourier approach in the mid-1980s, subsequent developments became more and more specific and limited to certain applications. These include in particular techniques such as key-hole imaging or echo sharing that were especially designed for fast dynamic MRI applicable only with a small number of very specific pulse sequences and imaging protocols.

Parallel imaging was also motivated by the desire to accelerate MRI when it was proposed in the second half of the 1990s. In contrast to many other techniques, however, it soon turned out to provide extraordinary advantages in virtually all areas of MRI, and thus, became one of the most important technical advances in current MRI technology. This was possible since parallel imaging can be applied to practically all types of pulse sequences and imaging protocols, ranging from high-resolution morphological imaging over various functional imaging techniques to ultra-fast dynamic MRI. In addition to substantially accelerated imaging, parallel MRI has been found to increase robustness of MR examinations and to reduce blurring of single-shot acquisitions as well as susceptibility and motion artifacts.

The major challenge for the successful implementation of parallel imaging in clinical routine was the introduction of multi-channel MRI technology which initially limited its widespread use. The key hardware requirement for parallel imaging is the capability to receive data in parallel from several independent coil elements. Some MRI systems had already provided this ability when parallel imaging became generally known and since then the number of receiver channels has been substantially increased from year to year. Thus, parallel imaging can now be clinically used at the vast majority of clinical and research sites.

This book, written by leading experts world-wide, aims to provide an in-depth introduction to parallel-imaging techniques and, in particular, to the application of parallel imaging in clinical MRI. It will provide readers with a broader understanding of the fundamental principles of parallel imaging and of the advantages and disadvantages of specific MR protocols in clinical applications in all parts of the body at 1.5 and 3 Tesla. The first part of the book explains relevant MRI physics and techniques, detailing the various parallel-imaging reconstruction algorithms, pulsesequence design for parallel imaging, as well as hardware considerations. Special emphasis was put on communicating these technical principles in a practical and coherent way attractive for physicists and physicians, radiological technicians, and researchers.

The second part presents detailed, ready-to-use clinical protocols for morphologic, angiographic, and functional MR imaging, with special emphasis on problem-solving strategies for assessment of cardiovascular and oncological diseases. Due to the introduction of new scanner platforms, these protocols are also extended from imaging of individual organs to disease-specific evaluation of the entire body. In addition, detailed information is provided on cutting-edge techniques such as diffusion-tensor imaging, oxygen-enhanced lung imaging, and MRA with blood-pool contrast agents.

We would like to thank Albert L. Baert as the responsible editor of the series "Medical Radiology – Diagnostic Imaging", for his immediate endorsement of this book. We would also gratefully acknowledge the Springer publishers who enthusiastically supported us during the preparation of this book.

Munich

Stefan O. Schoenberg Olaf Dietrich Maximilian F. Reiser

Contents

Part I: Basic Principles of Parallel-Imaging Techniques 1				
1	MRI from k-Space to Parallel Imaging Olaf Dietrich	3		
2	Basic Reconstruction Algorithms for Parallel Imaging MARK A. GRISWOLD	19		
3	The g-Factor and Coil Design David J. Larкman	37		
4	Measurement of Signal-to-Noise Ratio and Parallel Imaging SCOTT B. REEDER	49		
5	Special Applications of Parallel Imaging David Atkinson	63		
6	Parallel-Imaging Reconstruction of Arbitrary k-Space-Sampling Data Roland Bammer, Chunlei Liu, and Murat Aksoy	71		
7	Complementary Techniques for Accelerated Imaging OLIVER WIEBEN	91		

Part II: Sequence Design for (Auto-Calibrated) Parallel Imaging 105

8	Measurement of Coil Sensitivity Profiles Матніаs Nittka
9	Conventional Spin-Echo and Gradient-Echo Pulse Sequences OLAF DIETRICH
10	Single-Shot Pulse Sequences Olaf Dietrich
11	Fast Sequences for Dynamic and Time-Resolved Imaging Міснаец Воск
12	The Development of TSENSE Peter Kellman

X	Contents				
		,			

Part III: Technical Implementation in Clinical MRI
13 Design of Dedicated MRI Systems for Parallel Imaging Arne Reykowski
14 Dedicated Coil Systems from Head to Toe Randy Duensing
15 Design of Parallel-Imaging Protocols Stefan O. Schoenberg and Olaf Dietrich
16 General Advantages of Parallel Imaging OLAF DIETRICH
17 Limitations of Parallel Imaging OLAF DIETRICH
Part IV: Clinical Applications: Imaging of Morphology
18 High-Resolution Imaging of the Brain Roland Bammer and Scott Nagle
19 High-Resolution Imaging of the Skull Base and Larynx Jan W. Casselman
20 Lung Imaging Roger Eibel
21 Liver Imaging Снязторн J. Zech
22 High-Resolution Imaging of the Biliary Tree and the Pancreas Astrid M. Wallnoefer, Christoph J. Zech, and Karin A. Herrmann 223
23 Parallel Imaging in Inflammatory Bowel Disease KARIN A. HERRMANN
24 Musculoskeletal Imaging: Knee and Shoulder Bernd Romaneeнsen and Karl-Friedrich Kreitner
25 Advanced Methods of Fat Suppression and Parallel Imaging Scott B. Reeder and Charles A. McKenzie
Part V: Clinical Applications: Angiography
26 MRA of Brain Vessels Romhild M. Hoogeveen 285

27	MRA of the Carotid Arteries Henrik J. Michaely and Kambiz Nael
28	MRA of the Pulmonary Circulation Kambiz Nael and J. Paul Finn
29	MRA of the Renal Arteries Stefan O. Schoenberg and Johannes Rieger
30	Peripheral MR Angiography Тім Leiner
31	Pediatric Congenital Cardiovascular Disease Stefan O. Schoenberg and Christian Fink
32	High-Resolution Whole-Body MRA Konstantin Nikolaou
Pa	rt VI: Clinical Applications: Function
33	Imaging of CNS Diffusion and Perfusion Marco Essig, Bram Stieltjes, and Wolfgang Reith
34	Diffusion Tensor Imaging of the Brain Thomas Benner, Ruopeng Wang, and Van J. Wedeen
35	Imaging of Cardiac Function Bernd J. Wintersperger
36	Imaging of Cardiac Perfusion Armin Huber
37	Imaging of Pulmonary Perfusion Christian Fink
38	Oxygen-Enhanced Imaging of the Lung Olaf Dietrich
39	Imaging of Renal Perfusion Henrik J. Michaely and Niels Oesingmann
Pa	rt VII: Comprehensive Protocols
40	Cardiovascular Screening HARALD KRAMER
41	Tumor Staging Gerwin P. Schmidt

XII Contents

42 Imaging of Bronchial Carcinoma Stefan O. Schoenberg, Christian Fink, and Bastian Fischer		
43 Imaging of Pulmonary Hypertension Konstantin Nikolaou and Armin Huber		
Part VIII: Future Developments		
44 New Coil Systems for Highly Parallel MR Acquisition Strategies Lawrence L. Wald and Graham Wiggins		
45 Parallel-Excitation Techniques for Ultra-High-Field MRI Lawrence L. Wald and Elfar Adalsteinsson		
46 Future Software Developments PHILIP G. BATCHELOR. 523		
47 Future Imaging Protocols Stefan O. Schoenberg and Olaf Dietrich		
Subject Index		
List of Contributors		

Peter Kellman

CONTENTS

12.1	TSENSE Method 141
12.1.1	Background 141
12.1.2	Basic Concepts 141
12.1.3	Combined Spatial and Temporal
	Filtering 143
12.1.4	k-space Undersampling and Temporal
	Spectra 143
12.1.5	2D TSENSE 146
12.2	Application Examples 146
12.2.1	Cardiac Segmented Cine 2D Imaging
12.2.2	Real-Time Cardiac 2D Imaging 147
12.2.3	Contrast-Enhanced First-Pass
	Perfusion 147
12.2.4	Cardiac Cine 3D Imaging 149
	0.0
12.3	Discussion 151

146

References 152

12.1 TSENSE Method

12.1.1 Background

In dynamic imaging applications, temporal filtering and parallel imaging (spatial sensitivity encoding) may be combined to exploit the spatio-temporal correlation in the MR signals. In parallel imaging, the differences in spatial sensitivity of multiple receiver coils may be exploited using SENSE (PRUESSMANN et al. 1999) or SMASH (SODICKSON and MANNING 1997) techniques to eliminate the aliased component that results from undersampling k-space (for details see

P. Kellman, PhD

Chap. 2). In dynamic imaging, temporal correlations may be exploited by using temporal interpolation methods such as view sharing (Hu and PARRISH 1994), sliding window reconstruction, (D'ARCY et al. 2002) or, more generally, UNFOLD filtering (MADORE et al. 1999). These methods may be combined to achieve either higher acceleration factors (KELLMAN and McVEIGH 2000) or to improve suppression of alias artefacts (KELLMAN et al. 2001). The incorporation of temporal processing with image domain parallel imaging is referred to as TSENSE. The combination may also be used to realize auto-calibrating parallel imaging for greater robustness since auto-calibrating methods are less sensitive to subject motion (KELLMAN et al. 2001). Auto-calibrating TSENSE produces full spatial resolution coil sensitivity estimates for computing unmixing coefficients and, furthermore, does not require additional central scan lines which reduce the effective acceleration factor.

A number of new parallel imaging methods have incorporated the TSENSE strategy to exploit spatiotemporal correlations, such as k-t SENSE (TSAO et al. 2003) and UNFOLD-SENSE (MADORE 2004; MADORE 2002), and Auto-SENSE (KOSTLER et al. 2003). A method for generalized phased-array ghost elimination (PAGE) (KELLMAN and McVEIGH 2001; KELLMAN 2006) that uses parallel imaging to cancel ghosts arising from a variety of mechanisms uses the TSENSE method for auto-calibration. The TGRAPPA method is an extension of this technique to k-space domain parallel imaging (BREUER et al. 2005). The TSENSE methods may also be applied to non-Cartesian k-space acquisition such as radial or interleaved spiral (NEZAFAT et al. 2005).

12.1.2 Basic Concepts

A number of different methods have been demonstrated which increase the speed of MR acquisition by decreasing the number of sequential phase encodes

Laboratory of Cardiac Energetics, National Institutes of Health/NHLBI, NIH Building 10/B1D-416, 10 Center Drive, msc-1061, Bethesda, MD 20892-1061, USA

through undersampling. Undersampling causes aliasing which results in a mixture of the desired image and wrap artefacts. Parallel imaging is one approach to undersampled image reconstruction. The mixture of desired image and alias artefacts may be separated using parallel imaging as shown in Fig. 12.1, in which the input images for individual coils have been reconstructed to a full FOV with wrap by zero-filling the undersampled k-space data. The individual coil images are then weighted and summed (pixelwise) with a phased-array combiner to cancel the wrap. The phased-array combiner coefficients are calculated based on in vivo estimates of the coil sensitivities by solving the inverse problem which maximizes the image SNR subject to a constraint of nulling the alias artefacts, the so-called SENSE method (see also Chapter 2; PRUESSMANN et al. 1999). In general, the noise level will vary across the FOV and may have hot spots due ill-conditioning of the parallel imaging solution. The noise amplification is also referred to as the g-factor and is discussed in detail in Chapter 3 (PRUESSMANN et al. 1999). Residual alias artefacts may also result due to errors in the sensitivity maps.

Another approach to undersampled image reconstruction for dynamic imaging uses temporal filtering (interpolation) to exploit inherent frame-toframe correlation in dynamic imaging. The basic idea of interpolation is to compute additional time frames using a weighted sum of neighboring measurements to gain a higher temporal sampling rate. Interpolation may also be viewed as temporal filtering. There are a number of schemes for k-space sampling and interpolation. Consider the case for which the kspace lines in sequential images are varied in a time interleaved manner such that the full k-space is periodically acquired. This is shown in Fig. 12.2, in which there is a case of twofold undersampling, with odd lines and even lines acquired on alternate frames. Interpolation methods, such as view sharing, or more general filtering, such as UNFOLD, may be used to reconstruct images with suppressed alias artefacts. For example, a view-shared reconstruction uses two sequential frames in a sliding-window fashion. View sharing may be described as a filter that provides temporal smoothing (see Discussion). The image frame rate is increased, although the effective temporal resolution is not improved. Interpolation errors which result from rapid changes will cause ghosting artefacts. The ghosting artefacts will "flicker" at the frame rate due to the sign changes caused by the interleaved acquisition order. The desired pixel and the ghost artefact which is temporally modulated effectively share the temporal bandwidth. The UNFOLD method exploits the property that the outer portion of the field of view is relatively static and uses a temporal filter with greater bandwidth for dynamic regions, realizing improved temporal resolution. The concept of bandwidth sharing is illustrated by means of temporal spectra (i.e., FFT of images series along



t + 2

Fig. 12.1. Parallel imaging using SENSE method of phased-array combining



the time dimension) and is described more fully in the following paragraphs. Temporal filtering or interpolation may be equivalently implemented in the k-space domain providing the same effective bandwidth across the FOV, although this violates the strict bandwidth sharing formulation of the UNFOLD method.

12.1.3 Combined Spatial and Temporal Filtering

Parallel imaging and temporal filtering methods may be combined to achieve either higher acceleration factors or improved suppression of alias artefacts, and/ or to realize auto-calibration of the parallel imaging combiner coefficients. The incorporation of temporal processing with image domain parallel imaging is referred to as TSENSE. Both parallel imaging and temporal filtering are linear operations and may be done in either order (commutative operations) as shown in Fig. 12.3. Figure 12.3a shows parallel imaging followed by temporal filtering, whereas Fig. 12.3b shows temporal filtering followed by parallel imaging; these are mathematically equivalent but will differ computationally. Figure 12.4 illustrates the case of auto-calibrating TSENSE, which may optionally include additional temporal filtering of the images. In the auto-calibrating scheme the temporal filter is typically a simple integration of multiple frames to provide a lower temporal resolution set of individual coil images with suppressed alias artefacts to compute the parallel-imaging coefficients.

Parallel imaging and temporal filtering may be combined to provide a higher acceleration factor, e.g., SENSE rate 2× UNFOLD rate 2, for a net TSENSE



Fig. 12.3a,b. Combined parallel imaging with temporal filtering (TSENSE) implemented equivalently, as a parallel imaging then temporal filtering, or **b** temporal filtering then parallel imaging

acceleration of rate 4 (Kellman and McVeigh 2000). In this case, coil sensitivities are estimated from separate reference data since the images may not be fully unfolded with a temporal filter for auto-calibration. Parallel imaging and temporal filtering may also be combined to provide a greater suppression of alias artefacts. For example, in the case of acceleration rate two aliased components are alternating phase; thus, the alias artefact is temporally frequency shifted to the band edge and may be suppressed by temporal low-pass filtering. The phase of the alias artefact does not alter the SENSE formulation; however, if the estimates of coil sensitivities are imperfect, there will be residual alias artefacts. Any residual artefact will be temporally frequency shifted to the band edge and thus may be further suppressed by temporal lowpass filtering. By combining both temporal and parallel imaging the resulting implementation achieves a high degree of alias artefact rejection with less stringent requirements on accuracy of coil sensitivity estimates and temporal low-pass filter selectivity than would be required using each method individually.

12.1.4 k-space Undersampling and Temporal Spectra

A number of schemes may be used for undersampling the acquisition of phase encodes in a time series of images. A few schemes are depicted in Fig. 12.5 which illustrate the acquisition of k-space vs time for four consecutive frames, with the solid line indicating phase-encoded lines that are acquired and the dashed lines indicating phase encodes that are skipped. Figure 12.6 illustrates an image with alias artefacts and associated temporal spectra for the cases corresponding to Fig. 12.5, where the bold lined circle portrays the desired object and the alias ghost artefacts are normal solid (\pm FOV/4) and dashed lines (FOV/2). Figure 12.5a and b are for the case of *R*=2 undersampling, and Fig. 12.5c and d are for *R*=4.

Figure 12.5a shows the static case of (conventional) undersampling with a fixed pattern, i.e, odd lines acquired at each time frame. In this case, the temporal spectra of the desired image and aliased artefacts are overlapping and must be separated with parallel imaging. Figure 12.5b shows the case of undersampling by 2, acquiring even and odd lines on alternate time frames. In this case, the alias ghost artefact (separated by FOV/2) has alternating polarity (\pm 1) and, therefore, is temporal frequency shifted to the band edge.



Fig. 12.4. TSENSE method for auto-calibrating parallel imaging



Fig. 12.5a–d. Various schemes for undersampled k-space acquisition. a Static phase encoding order (R=2); b odd–even phase encoding acquired on alternate time frames (R=2); c R=4 undersampled acquisition repeats every fourth frame (1,2,3,4, etc.); d R=4 undersampled acquisition repeats every other frame (1,3,1,3, etc.). Solid lines indicate phase-encoding lines that are acquired and *dashed lines* indicate phase encodes that are skipped.



Fig. 12.6a–d. Temporal spectra and images with alias ghost artefacts illustrate the various undersampled k-space acquisition cases described in Fig. 12.5.

A real example of temporal spectra for the case of Fig. 12.6b is shown in Fig 12.7, illustrating several methods. The raw signal (normal solid line) has desired component (center) and aliased artefact (band edge). The UNFOLD method was applied using a temporal filter with magnitude frequency response shown with dashed line. The UNFOLD filter passband was 90% of the available bandwidth causing only a slight decrease of the effective temporal resolution. The spectra for the UNFOLD signal (solid gray line) shows that while the band edge is suppressed, the band edge artefact had a wider temporal bandwidth (i.e., was not completely stationary) resulting in residual artefact. The spectra for parallel imaging using SENSE (dotted line) resulted in fairly good artefact suppression independent of temporal frequency; however, some residual artefact is evident at the band edge. The combination of SENSE and UNFOLD (bold solid line), which may be implemented by either approach of Fig. 12.3, resulting in a high level of artefact suppression. (Note that in the sampling scheme of Fig. 12.5b, full k-space is acquired every

R=2 frames, and the data may be integrated or lowpass filtered to derive a low temporal resolution set of individual coil images without artefacts, which may be used as an auto-calibrating reference as shown in Fig. 12.4.)

Figure 12.5c and d correspond to rate-4 acceleration using two different undersampling schemes which results in differences in the temporal spectra. In the case of Fig. 12.5c, the full k-space is acquired every R=4 frames (desired and alias spectra are distinct), and the data may also be used to derive an auto-calibrating references as previously described. The scheme of Fig. 12.5d does not acquire full kspace, and the spectrum for the FOV/2 alias artefact overlaps that of the desired image. This case does lend itself to the same auto-calibration method. Parallel imaging (R=2) may be used to suppress the FOV/2 artefact combined with temporal filtering (R=2) of the band edge to reconstruct images with net acceleration of rate R=4. This scheme uses parallel imaging to suppress the widely spaced ghost artefact (FOV/2) thereby improving the performance (SENSE g-factor). A number of other sampling



Fig. 12.7a-e. Average temporal spectrum of a region (*inset*) with both heart and aliased chest wall components. a Raw signal;
b SENSE; c UNFOLD; d TSENSE;
e temporal low-pass filter response

schemes are possible including variable density sampling (MADORE 2004).

12.2.1 Cardiac Segmented Cine 2D Imaging

12.1.5 2D TSENSE

In volume imaging applications using two phaseencoding dimensions (or spectroscopic imaging), it may be preferable to perform accelerated imaging in each of the two phase-encoded directions as shown in Fig. 12.8, rather than a higher rate along a single direction. This has been referred to as 2D SENSE (WEIGER et al. 2002). Depending on the specific coil sensitivity profiles and slice geometry, it may be possible to achieve a g-factor which is greatly reduced when compared with the same net acceleration along a single dimension. A sampling scheme for 2D TSENSE is shown in Fig. 12.9, corresponding to undersampling by rate 4 in the phase-encoding direction and by rate 3 in the partition-encoding direction.



The TSENSE may be used for a number of dynamic imaging applications. A few typical cardiac applications are presented as examples. The TENSE has also been applied in echo-planar imaging (EPI)-BOLD fMRI (DE ZWART et al. 2002).

Cardiac MR imaging is challenging due to the simultaneous need for moderately high resolution, ability to image during cardiac and respiratory motion, and relatively low SNR of imaging in the heart at the center of the torso. Parallel imaging offers a means of decreasing acquisition time which offers the user more flexibility to meet these challenges.

The cardiac short-axis images shown in Fig. 12.10 were acquired using the 32-channel Siemens 1.5-T Avanto and a prototype 32-element cardiac array (Invivo Corp). The array consisted of two 16-element 2D arrays with overlapping hexagonal elements with one array positioned on the chest, and the second array positioned on the back of the



Fig. 12.8. k-space acquisition for 2D SENSE with under-sampling in both the phase and partition-encode directions.



Fig. 12.9. k-space acquisition order for $R=4\times3=12$ 2D TSENSE example with under-sampling by four in the phase-encoding direction and undersampling by three in the partition-encoding direction. Complete k-space is acquired in R=12 phases.



Fig. 12.10a-d. Short-axis cardiac cine images reconstructed using TSENSE at acceleration rates R=2, 3, 4, and 6

patient. The coverage of the array was approximately 35 cm in the left-right direction and 30 cm in the superior-inferior direction. Cardiac imaging was performed using a breath-held, segmented, ECG triggered, true-FISP cine sequence. B_1 maps were calculated using the auto-calibrating TSENSE method. A single, doubly oblique, short-axis slice was acquired with phase encoding performed along the anteroposterior direction. Imaging parameters were matrix size=192×108, FOV=320×240 mm², slice thickness=6 mm, readout flip angle=50°, TE/ TR=1.41/2.82 ms, views per segment=9, in-plane spatial resolution=1.7×2.2 mm², and temporal resolution=25.4 ms. Breath-hold durations were 12, 6, 4, 3, and 2 heartbeats for acceleration at rates 1 (fully sampled), 2, 3, 4, and 6, respectively.

The quality of SENSE accelerated cardiac images at acceleration rates up to rate 4 was excellent using the 32-element array. Degradation was evident above rate 4 acceleration but may still be useful for some applications.

12.2.2 Real-Time Cardiac 2D Imaging

Patients with heart failure pose challenges for cardiac imaging due to increased difficulty with breathing and incidence of arrhythmias. Cardiac functional imaging using breath-held, gated, segmented acquisition will frequently have artefacts, as shown in Fig. 12.11a for a patient with arrhythmia. Real-time, non-breath-held, non-ECG triggered imaging is possible with accelerated parallel imaging. An example of a real-time image for the same patient acquired using rate-4 TSENSE is shown in Fig. 12.11b.

Imaging was performed on a 1.5-T Siemens Avanto using an 8-element cardiac array (Nova Medical, Wilmington, Mass.). A true-FISP sequence was used with the following typical parameters: TE/ TR=1.4/2.8 ms; 50° readout flip angle; and 6-mm slice thickness. The acquisition matrix was 192×80 with FOV=300×250 mm² corresponding to an in-plane resolution of 1.6×3.1 mm², and a temporal resolution of 56 ms at rate R=4.

12.2.3

Contrast-Enhanced First-Pass Perfusion

Coverage of the entire heart during first-pass contrast-enhanced MRI with single-heartbeat temporal resolution is desirable for quantifying perfusion abnormalities. Multi-slice coverage may be achieved using saturation recovery with a relatively short preparation time (TI) and a gradient-echo (GRE) sequence with multi-shot EPI readout. Imaging quality may be improved at the expense of coverage by increasing TI and readout flip angle. Parallel imaging may be applied to first-pass contrast-enhanced cardiac MR to yield greater spatial coverage for a fixed temporal resolution. Accelerated imaging also reduces the imaging duration per slice which reduces the possibility of motion blur. The saturation recovery time (TI) may be increased for improved contrast-to-noise ratio.

The TSENSE method (KELLMAN et al. 2001) was used to adaptively estimate B_1 maps using an interleaved phase-encoded acquisition order at acceleration rate R=2. The sequence timing is shown in Fig. 12.12 Odd and even phase-encoded lines were acquired on alternate heartbeats. The B_1 maps were calculated from a sliding window average of eight frames to reduce the sensitivity to breathing. No additional temporal filtering for further alias artefact suppression was applied to the TSENSE images.

Figure 12.13 shows example images of a single short-axis slice (of five acquired) during first-pass

perfusion with dipyridamole induced stress and at rest for a patient with a stress perfusion deficit in the inferior and lateral wall. The perfusion deficit in the stress study is clearly evident in Fig. 12.13d.

Imaging was performed on a 1.5-T Siemens Avanto using an 8-element cardiac array (Nova Medical, Wilmington, Mass.). A GRE-EPI sequence was used with the following typical parameters: 90° saturation recovery; echo-train length=4; TR=6.2 ms; 25° readout flip angle; 1600 Hz/pixel BW; and 8-mm slice thickness. The acquisition matrix was 128×80 with FOV=360×270 mm² corresponding to an in-plane resolution of 2.8×3.4 mm². The TI was 110 ms, where TI is defined at the center of k-space acquisition. The imaging window was 62 ms (142 ms per slice SR preparation time and overhead). Single heartbeat temporal resolution was accomplished with spatial coverage of five slices at heart rates up to 80 bpm with consistently good contrast and overall image quality.



Fig. 12.11a,b. Short-axis cardiac cine image for a patient with arrhythmia for a conventional ECG-gated, segmented acquisition, and b real-time acquisition using TSENSE, non-ECG triggered



Fig. 12.12. Sequence timing for multislice first-pass contrastenhanced perfusion with single-shot readout and single RR temporal resolution, acquiring even and odd phaseencoded lines on alternate heart beats for TSENSE reconstruction



Fig. 12.13a-h. Example of first-pass contrast-enhanced perfusion images for patient with stress perfusion deficit in the inferior and lateral wall shown for single slice, acquired using GRE echo-planar sequence using rate-2 TSENSE. The *bottom row* is at rest and *top row* is with stress. a,e Pre-contrast; b,f RV enhanced; c,g LV enhanced; d,h myocardium enhanced

12.2.4 Cardiac Cine 3D Imaging

Cardiac cine 3D imaging offers the potential for full heart coverage in a single, segmented breath-held acquisition. A single acquisition eliminates breathhold registration errors between slices that may occur in conventional 2D multislice imaging requiring multiple breath-holds. Parallel imaging using 2D SENSE (WEIGER et al. 2002) was used to reduce the breathhold duration. A gated, segmented trueFISP sequence at acceleration rate R=12 was used to achieve spatial resolution of $1.8 \times 2.4 \times 7$ mm³ and approximately 30ms temporal resolution within a single 18-heartbeat breath-hold.

Doubly oblique imaging was used with the partition encoding along the long axis of the heart. The phase-encoded and frequency-readout directions were in the short-axis plane with the frequency readout along the longer dimension of the body after in-plane rotation was applied. Encoding directions are shown in Fig. 12.14. The acquisition used rate $4\times3=12$ undersampling, with rate-4 undersampling in the phase-encoded dimension and rate-3 undersampling in the partition-encoded direction. The B_1 maps were estimated using the auto-calibrating TSENSE method. The k-space undersampling varied cyclically with complete k-space acquired in R=12 phases. The complete data set was integrated to reconstruct B_1 maps for calculating SENSE unmix-

ing coefficients. Since it is important to have artefactfree in vivo reference images for B_1 map estimates, approximately 25% slice oversampling was used in the partition-encoded dimension to reduce wrap. The acquisition matrix was 192×108×18 with four slices discarded after reconstruction. Example images for rate $4 \times 3 = 12$ are shown in Fig. 12.15 for a normal volunteer subject. The example shown used a FOV of 340×255×98 mm³ providing a spatial resolution of $1.8 \times 2.4 \times 7 \text{ mm}^3$. At rate $4 \times 3 = 12$, the actual number of lines acquired were 108/4=27 phase encodes \times 18/3=6 partition encodes. The sequence parameters were: bandwidth=1400 Hz/pixel; TR=3.08 ms; and 50° readout flip angle. There were nine views per segment providing 9×3.08=27.7 ms temporal resolution. The total breath-hold duration was $(108/4) \times (18/3) / 9=18$ heart beats. Imaging was performed on a 32-channel Siemens Avanto 1.5 T scanner using a prototype 32-element cardiac phased array (Invivo Corp).

The measured g-factor values for which 95% of the pixels in the heart region fall below were 5.2 for rate $4\times3=12$ and 2.9 for rate $4\times2=8$. Despite a relatively high g-factor, the SNR and artefact suppression were quite good using 3D imaging.



Fig. 12.14. Graphic prescription for cine 3D doubly oblique imaging. The partition encoding is along the long axis of the heart. The phase-encoded and frequency-readout directions were in the short-axis plane with the frequency readout along the longer dimension of the body after in-plane rotation was applied.



12.3 Discussion

Parallel imaging provides accelerated imaging with a wide temporal bandwidth. A number of methods, such as view sharing, produce temporally interpolated images at a higher frame rate; however, the effective temporal resolution is not improved. In order to place view sharing and more general temporal filtering (e.g., UNFOLD) in the same context, Fig. 12.16 illustrates the equivalence between k-space and image domain temporal filtering. In this diagram, the undersampled acquisition matrix has been zero-filled for missing data at each time frame. After temporal filtering, the missing k-space is filled with temporally interpolated values. In the case of simple view sharing which combines even and odd k-space data for each frame, the temporal filter is a sliding window filter which is applied to each k-space value after zero-filling (e.g., even, 0, even, 0, even or 0, odd, 0, odd,...). Equivalently, in the image domain, the FOV/2 artefacts are alternating sign (± 1) and a sliding window filter at each pixel will cancel the alias artefact provided that it is stationary. The simple sliding window used in view-shared reconstruction is a crude low-pass filter which zeros the band edge with greatest artefact but does not improve the temporal resolution. Improved temporal filters which interpolate using additional time frames provide a flatter temporal frequency response, although they will have a correspondingly increased transient response which may cause intensity fluctuations (filter ringing). The filter may be implemented directly in the time domain as a weighted sum or equivalently using FFT-based filtering (at each pixel).

Temporal filtering (interpolation) methods rely on the tissue corresponding to aliased artefacts being sta-



Fig. 12.16. Equivalence of k-space and image domain temporal filtering implementations

Fig. 12.17a-d. Residual artefacts in UNFOLD reconstruction due to dynamic signal fluctuation. *Arrows* in a indicate artefact due to rapid signal enhancement of RV blood pool and in b due to respiratory motion of chest wall



case 2

tionary with constant or slowly varying signal intensity. The extent that the tissue intensity is changing, there will be residual artefacts as illustrated in Fig. 12.17. In case 1 (left column), a first-pass contrast enhanced cardiac perfusion image is shown after UNFOLD filter reconstruction (Fig. 12.17a), for a time point where the right ventricle (RV) is enhancing. The rapid change in signal intensity due to contrast enhancement leads to a residual artefact of the RV displaced by FOV/2. The TSENSE reconstruction (Fig. 12.17c) of the same time frame using combined spatial and temporal filtering provides artefact suppression despite the rapid change. A second example in Fig. 12.17b and d shows a chest wall artefact due to respiratory motion in the UNFOLD reconstruction of Fig. 12.17b which is suppressed using TSENSE in Fig. 12.17d.

References

- Breuer FA, Kellman P, Griswold MA et al. (2005) Dynamic autocalibrated parallel imaging using temporal GRAPPA (TGRAPPA). Magn Reson Med 53:981–985
- d'Arcy JA, Collins DJ, Rowland IJ et al. (2002) Applications of sliding window reconstruction with cartesian sampling for dynamic contrast enhanced MRI. NMR Biomed 15:174–183
- Hu X, Parrish T (1994) Reduction of field of view for dynamic imaging. Magn Reson Med 31:691–694
- Kellman P, McVeigh ER (2000) Method for combining UNFOLD with SENSE or SMASH. Proc Eighth Scientific Meeting. Int Soc Magn Reson Med 1507

- Kellman P, McVeigh ER (2001) Ghost artefact cancellation using phased array processing. Magn Reson Med 46:335–343
- Kellman P, Epstein FH, McVeigh ER (2001) Adaptive sensitivity encoding incorporating temporal filtering (TSENSE). Magn Reson Med 45:846–852
- Kellman P, McVeigh ER (2006) Phased array ghost elimination. NMR Biomed. 19:352–361
- Kostler H, Sandstede JJ, Lipke C et al. (2003) Auto-SENSE perfusion imaging of the whole human heart. J Magn Reson Imaging 18:702-708
- Madore B (2002) Using UNFOLD to remove artefacts in parallel imaging and in partial-Fourier imaging. Magn Reson Med 48:493–501
- Madore B (2004) UNFOLD-SENSE: a parallel MRI method with self-calibration and artefact suppression. Magn Reson Med 52:310–320
- Madore B, Glover GH, Pelc NJ (1999) Unaliasing by Fourier encoding the overlaps using the temporal dimension (UNFOLD), applied to cardiac imaging and fMRI. Magn Reson Med 42:813-828
- Nezafat R, Kellman P, Derbyshire JA, McVeigh ER (2005) Real Time Blood Flow Imaging using Auto-Calibrated Spiral Sensitivity Encoding, Magn Reson Med. 54:1557–1561
- Pruessmann KP, Weiger M, Scheidegger MB et al. (1999) SENSE: sensitivity encoding for fast MRI. Magn Reson Med 42:952–96.
- Sodickson DK, Manning W (1997) Simultaneous acquisition of spatial harmonics (SMASH): fast imaging with radiofrequency coil arrays. Magn Reson Med 38:591–603
- Tsao J, Boesiger P, Pruessmann KP (2003) k-t BLAST and kt SENSE: dynamic MRI with high frame rate exploiting spatiotemporal correlations. Magn Reson Med 50:1031– 1042
- Weiger M, Pruessmann KP, Boesiger P (2002) 2D SENSE for faster 3D MRI. MAGMA 14:10-19
- Zwart JA de, van Gelderen P, Kellman P et al. (2002) Application of sensitivity-encoded EPI for BOLD functional brain imaging. Magn Reson Med 48:1011–1020